CMT disease is a group of inherited neurological disorders characterized by a slow progressive degeneration of peripheral nerves resulting in a loss of sensation in the limbs, fingers, and toes and weakening of the muscles in the foot, lower leg, hand, and forearm. The disease is classified into demyelinating (CMT1) or axonal (CMT2) based on electrophysiological and pathological findings. Inheritance of CMT can be autosomal dominant (AD), autosomal recessive (AR), or X-linked. AR demyelinating subtypes (ARCMT1 or CMT4) are earlier in onset and follow a more severe disease course than dominant CMT. Mutations in at least 10 loci have been associated with recessive demyelinating CMT.

We describe the co-occurrence of optic neuritis and schwannoma in a patient with molecularly-confirmed CMT4B1 (CMT neuropathy type 4B1). To the best of our knowledge, these two clinical features in the same patient have never been reported with any form of CMT including CMT4B1. In similar cases, we recommend immediate medical attention to rule out the possibility of schwannomas in patients with all demyelinating CMT subtypes in case of the development of focal neurological signs or acute worsening of clinical status.

Our patient was a 28-year-old male who had completely normal motor development in the first four years of life. He then started developing bilateral, symmetrical limb weakness distally, which progressed very slowly to involve his proximal muscles. Initially able to play with other children, at around the age of nine years, he was no longer able to keep up with his peers. He was noted since early childhood to have a hoarse voice with reduced pitch. He remained able to walk and pursue other activities and had a good school performance through to university.

At the age of 20, he developed headaches and acute vision loss. He was diagnosed with optic neuritis and had a significant visual impairment that improved gradually over one year with a persistent reduction in visual acuity.

At the age of 22, he suffered a left femur fracture, after which he was unable to stand without support and became wheelchair-bound.

At the age of 27, he developed sudden-onset burning sensations all over his body below the neck. It was associated with severe and acute worsening of his motor weakness, loss of sphincter control, shortness of breath, and aphonia.

He was diagnosed with cervical cord root (C2 and C3) schwannoma, which was successfully removed surgically. Following surgery, he regained most skills lost except for some permanent motor symptoms. Currently, he is unable to use a spoon or write with a
pen as before and has developed progressive chewing difficulty.

On physical examination, the patient had a low-pitched voice, bilateral facial weakness, and reduced visual acuity. Motor neurological examination revealed severe wasting of distal and proximal muscles of all limbs with hypotonia and areflexia. He had evident bilateral claw hand deformity with wrist drop in his upper extremities as well as edematous, cold, and blue-discolored feet. Distal muscle groups had no perceived movements. There was mild scoliosis with right chest wall deformity.

Investigations performed on the patient included nerve conduction velocities (NCV) with no motor or sensory potentials obtained from all nerves in the upper and lower limbs, normal magnetic resonance imaging (MRI) of brain and cervical spine, and mildly delayed visual evoked potential.

Family history revealed that the proband was of Omani Arab ethnic background with his parents being first cousins, once removed. The patient has two other male siblings with a similar motor, facial, and voice weakness [Figure 1: V:7 and V:8] and seven other healthy siblings. Five other individuals, who are double cousins, have a similar motor weakness (VI:6, VI:7, VI:8, VI:11 and VI:13). A two-year-old cousin was diagnosed with CMT4B1 (VI:2).

Genetic testing performed locally has confirmed homozygosity for the same mutation in the affected relatives as well as in a second, apparently unrelated, affected individual. Both families are from distinct geographic regions within Oman.

Figure 1: Family pedigree of the proband (V:5) affected with CMT4B1 with associated cervical cord schwannoma and optic neuritis. Five other individuals who are double cousins have a similar motor weakness (VI:6, VI:7, VI:8, VI:11 and VI:13). A two-year-old cousin was diagnosed with CMT4B1 (VI:2).
DISCUSSION

Our patient had a typical CMT phenotype of severe early onset motor and sensory neuropathy with undetectable NCVs. Associated clinical features included vocal cord paresis, facial weakness, prominent chest deformities, claw hands, and a family history consistent with autosomal recessive inheritance. His clinical phenotype was consistent with CMT4B1 and molecular analysis revealed the homozygous presence of the \( \text{MTMR2} \) mutation.

Contrasting with the classical presentation of CMT4B, our patient also had cervical cord schwannoma and optic neuritis. The individual association of either schwannoma or optic neuritis has been documented with dominant CMT1A but never in combination, nor associated with, recessive CMT. Vestibular schwannoma has also been reported with autosomal recessive CMT as a result of KARS gene mutations, but our patient had developmental delay, self-abusive behavior, and dysmorphic features.

The absence of cervical cord schwannoma and optic neuritis in the patient's two affected siblings and his six affected cousins suggests that \( \text{MTMR2} \) mutations may increase the susceptibility for these two phenotypes, but they are still not frequent associations of the disease. However, this apparently increased susceptibility may be age-related as the patient was the eldest among the affected individuals in the family.

The finding of this association, as only identified in the proband, may not alter the clinical care or surveillance guidelines about the apparently increased risk for schwannoma. However, the patient was counseled about the possible association of optic neuritis and schwannoma with the underlying CMT disease and the need for urgent medical attention in the case of the development of sudden motor deterioration or focal neurological abnormalities in the proband or affected relatives. Because consanguinity is a common practice in this area, premarital genetic testing was offered to the rest of family members.

The \( \text{MTMR2} \) gene is part of the myotubularin (MTM) family of phosphoinositide lipid phosphatases. The encoded protein possesses phosphatase activity towards phosphatidylinositol-3-phosphate and phosphatidylinositol-3,5-bisphosphate, which are both regulators of the endosomal pathway. \( \text{CMT4B1} \) is the only phenotype associated with mutations in the \( \text{MTMR2} \) gene. The \( \text{MTMR2} \) coiled-coil domain predicted to be truncated as a result of the presence of the c.1768C>T mutation (p.Trp590*) in this patient, is critical for the interaction with catalytically inactive phosphatases SET binding factor 1 (SBF1) and SET binding factor 2 (SBF2). It is through this interaction that both SBF1 and SBF2 increases the enzymatic activity of \( \text{MTMR2} \) and dictates its subcellular localization.

CONCLUSION

This case represents the first report of the presence of schwannoma and optic neuritis in a patient with a recessive form of demyelinating neuropathy. The patient was also found to carry a novel mutation in the \( \text{MTMR2} \) gene. In similar cases, we recommend immediate medical attention to rule out the possibility of schwannomas in patients with all demyelinating CMT subtypes in case of the development of focal neurological signs or acute worsening of clinical status. Demonstration of the mutation segregating in a second and apparently unrelated family warrants targeted mutation analysis in a symptomatic Omani patient suspected of having a recessive form of CMT.
Disclosure
The authors declared no conflicts of interest.

REFERENCES