A 35-year-old male presented with complaints of a progressive increase in the size of his right thumb. There was significant increase in subcutaneous tissue, which was most prominent on the palmar aspect. He was experiencing difficulty in his day-to-day work due to restricted movement. There was no history of trauma, infection, or a family history suggestive of neurofibromatosis or any similar disease. He had undergone surgery two years prior for similar complaints in the index finger. Plain radiograph of the hand [Figure 1] was advised following this magnetic resonance imaging (MRI) of the right hand was performed to confirm the diagnosis and assess the disease status [Figure 2].

A plain X-ray of the hand of another patient with similar complaints in the middle finger showed increased lengths of metacarpals and phalanges of the middle finger with prominent soft tissue and is shown in Figure 3.

Figure 1: (a) Clinical photograph showing localised enlargement of thumb with postoperative changes in index finger. (b) X-ray imaging of the hand shows hypertrophy of soft tissue and bone with mushroom shaped terminal phalanx. Secondary degenerative changes are seen early in the involved digit.
Questions

1. What is the diagnosis?

2. Name the commonly associated nerve pathology with this condition?

Answers to the quiz, and the full article, can be found online at www.omjournal.org.